



Lifetime Assistance Inc.
Celebrating 44 Years of Independence. Together.

Lifetimes

Fall 2022 Volume 23

Transforming Day Services

Lowry Center Renovations Completed

See Page 4

Photo by Caleb Parker Cinema



From the President/CEO

Bryan O'Donovan

I am pleased to take this opportunity to introduce myself to you. It is such an honor for me to be able to step into this role and advance Lifetime's commitment to advocate and develop opportunities for the extraordinary people we serve.

Throughout the years, Lifetime Assistance has played an active and vital role in making our community a better place. Over the past six months, I've enhanced my knowledge about the vast array of services offered by Lifetime Assistance by visiting all of our vocational, residential, community services, and day habilitation sites. I have observed firsthand the tremendous dedication, compassion and commitment Lifetime Assistance Team Members display each and every day.

As the landscape of supports and services for people with intellectual and developmental disabilities is evolving, we strive to identify and provide innovative ways to meet the current and future needs of the people we serve.

It is through your support, advocacy, volunteerism and partnership that we can continue to advance and provide enhanced opportunities within our community. I am so proud to be leading this incredible organization and I look forward to all that we can accomplish together.

Enhancing Lives Through Adaptive Technology

We have been so fortunate to complete the renovations at one of our three day program facilities – Lowry Center.

These updates have modernized the space to accommodate the changing needs of the individuals we support. Through adaptive technology, these new spaces create opportunities for increased independence and the chance to experience life to a whole new level.

Switch technology and advancements in interfaces allow individuals we support the opportunity to enjoy so many daily activities. Those with decreased motor function or dexterity can operate a blender or a mixer with a single "switch" on their iPad to help create the tastiest treats – brownies and cookies are some favorites.



Smartboard technology promotes independence and creates individualized opportunities for learning and practicing motor skills.



Virtual Reality can transport people to worlds beyond their wildest dreams. Advancements in VR allow people to immerse themselves in their favorite places across the globe through Google Earth.

Bills Fans Unite!

Lifetime Assistance Bills Fans represented at the 2022 Bills Training Camp! What an incredible experience!

Large Image: Kelly, do the Bills make you wanna shout? Let's Go Buffalo!

Inset Image: Bills player Dawson Knox with Jessica, Alex, Mike, Niam and Pat.



Spotlight on Community Employment



Meet Allison, a member of our group employment program. Allison loves seeing her co-workers and learning new skills at Hank Parker's Party and Tent Rental.



Brian has been trying jobs and assignments over the past couple of months at IMS that are new to him. He has been showing many skills and abilities that were not known and has been very successful.



Harley works at Wegmans in the Produce Department and demonstrates incredible customer service each day at work. She received two customer compliments after just a few months of being an employee. Way to go, Harley! Keep up the great work!



Pictured: Colleen and Sue enjoy the music room

Inset: Newly widened hallways and brighter spaces



The Campaign to Transform Day Services

Lowry Center Renovations Complete!

We believe in keeping promises. Over 40 years ago, Lifetime Assistance made a promise to families and to our community, to honor the inherent dignity in every person we are privileged to serve, and to assist each person in reaching his or her greatest potential. With your incredible support and belief in our mission, we continue to hold steadfast to this promise today.

Lifetime's Capital Campaign, Independence Together - The Heart of Lifetime Assistance, was carefully planned to help us promote independence, dignity, and inclusion for the people we support. Our three largest Day Services Centers – the Lowry Center in Brockport, Golden Opportunities in Greece and 425 Paul Road in Chili were state-of-the-art facilities when they were built. But today, with incredible new developments in research and technology, we have learned more about

the immense capabilities of people with intellectual and developmental disabilities and their endless potential.

Unfortunately, our once modern facilities needed significant upgrades to function using today's best practices. With our planned updates, renovations, technology and program advancements, the people we support will have the opportunity to achieve things previously not possible.

This summer the Lifetime Assistance community came together to celebrate the official opening of the newly renovated and expanded Lowry Center in Clarkson. It is the first of our three day services centers to be transformed to change how services and supports are provided to hundreds of people with intellectual and developmental disabilities who rely on the centers daily.

The Lowry Center serves a diverse population of individuals ranging from services for the medically frail, and aging, as well as those with autism. **Its remarkable conversion from a 1980s-era aging classroom model to a dynamic and flexible space ensures that every person is treated with respect and dignity and each can achieve independence through meaningful relationships and community participation.**

This welcoming state-of-the-art caregiving environment provides the opportunity for more inclusive activities and learning based on individual interests. It is responsive to the needs of older people who have changing physical needs, and to all those who have unique physical and emotional challenges.

Our updated, specialized learning and work suites will focus on a wide range of skills and interests, including technology, music and arts, culinary, and vocational. We added more assistive technology to improve people's capabilities, building open home-like living areas for working on daily living skills and independence, adding private, fully-equipped personal hygiene areas, expanding high technology-based services, sensory and activity areas and assuring the availability of quiet calm environments with natural lighting.



Guests joined us at the Lowry Ribbon Cutting and learned about how advancements in mount and smart stylus technology improves every day accessibility to iPads and other devices.



The technology of VR enables extraordinary opportunities above and beyond traditional leisure activities.



Smartboards bring interactive and engaging ways to practice and learn new skills.



independence
together

THE HEART
of LIFETIME
ASSISTANCE

To learn how you can help please visit:
lifetimeassistance.org/independencetogether



The Campaign to Transform Day Services

We are making progress, but we're not done yet!

The Lowry Center is open and the impact of those renovations is undeniable.

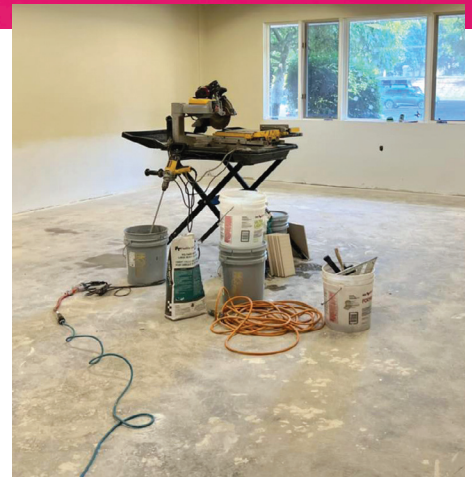
The lives of everyone at Lowry are enriched daily as they learn and explore their enhanced spaces and new technology. Renovations at Paul Road are underway and we can't wait to move in and see the effect of the improvements to the space on the individuals we serve.

Lifetime has remained steadfast in our mission and has persevered through the difficult times over the past few years. **Challenges from the pandemic have arisen, like increased construction costs and delays in material deliveries, but we know our community is here to support us as we move forward with Phase 3 renovations at Weiland Road. We are in the homestretch, but we need your help.**

Your donation will touch the lives of 236 people supported at the three Day Services Centers we are transforming. **Your generosity will help us make the adaptations and advancements so desperately needed** to increase their independence, creativity and opportunities for community inclusion. It is truly a gift of a Lifetime, to help create quality meaningful lives for our family members, friends and neighbors who have so much to contribute to our community.

We are grateful to be a part of such a giving and supportive community – one that continues to come together to create meaningful change. Thank you for your steadfast support and belief in our shared mission.

Will you consider a gift to Lifetime's Annual Appeal and help us achieve the most pivotal and meaningful capital campaign in our lifetime?



Project Update Construction on 425 Paul Road Continues!

The services and support areas specifically designed for older adults are nearing completion. The space is now much more accessible and hospitable. Soon the focus will turn to transforming suites designed to better support people with autism, providing increased technology, natural lighting and opportunities for greater independence.



AIRPORT GAMES TOTALLY RAD RACE

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