



# Lifetime Assistance Inc.

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## **Training and Staff Development Department**

Lifetime Assistance, Inc. is headquartered in Chili, New York in southwest Monroe County. To visit Lifetime Assistance Staff Development and Training Department, see the following instructions or call us at (585) 784-3114 and we will gladly provide directions.

### **Our address:**

Lifetime Assistance, Inc.  
Training and Staff Development  
465 Paul Road  
Rochester, New York 14624

(Corporate headquarters are located just up the road at 425 Paul Rd. not to be confused with our training facility)

### **From the West:**

#### ***Take the NYS Thruway (Interstate 90 East)***

Exit at Leroy (Exit 47). Take 490 East to Exit 5 (Chili Center Exit - Route 386). Turn right onto Coldwater Road for approximately 1/2 mile. At the Chili Avenue intersection, Coldwater Road will turn into Paul Road. Continue on Paul Road for 1.8 miles. Lifetime Assistance will be on the right.

### **From the East:**

#### ***Take the NYS Thruway (Interstate 90 West)***

Exit at Henrietta (Exit 46). Take 390 North to the Chili Avenue exit. Turn right onto Chili Avenue and continue for 2.8 miles. Turn left onto Marshall Road (cemetery on corner of Chili Avenue and Marshall Road). Take Marshall Road to the end. Turn right onto Paul Road. Lifetime Assistance will be the second driveway/entrance on your left.

### **Using Route 490:**

Follow Route 490 East to 390 South. Exit at Chili Avenue. Turn right onto Chili Avenue and continue for 2.8 miles. Turn left onto Marshall Road (cemetery on corner of Chili Avenue and Marshall Road). Take Marshall Road to the end. Turn right onto Paul Road. Lifetime Assistance will be the second driveway/entrance on your left.

### **From the South:**

#### ***Using Route 390 North***

Exit at Chili Avenue. Turn right onto Chili Avenue and continue for 2.8 miles. Turn left onto Marshall Road (cemetery on corner of Chili Avenue and Marshall Road). Take Marshall Road to the end. Turn right onto Paul Road. Lifetime Assistance will be the second driveway/entrance on your left.

### **From the North:**

#### ***Using Route 390 South***

Exit at Chili Avenue. Turn right onto Chili Avenue and continue for 2.8 miles. Turn left onto Marshall Road (cemetery on corner of Chili Avenue and Marshall Road). Take Marshall Road to the end. Turn right onto Paul Road. Lifetime Assistance will be the second driveway/entrance on your left.

